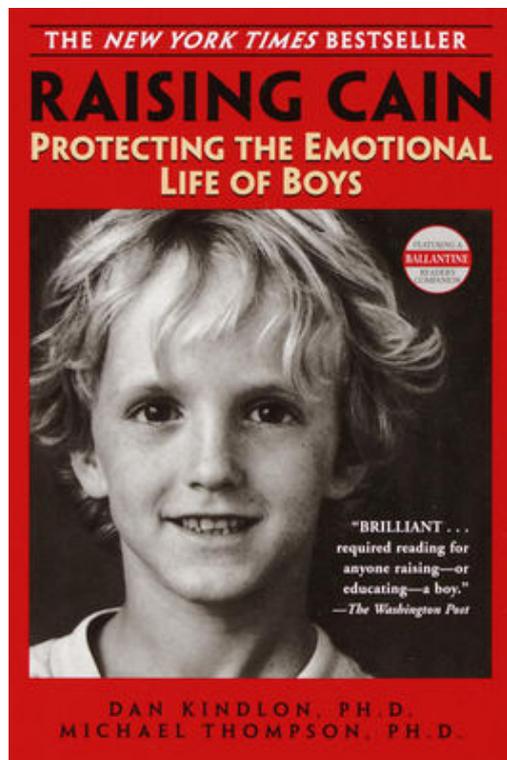


Raising Cain Baixar (PDF or ePub) Dan Kindlon, Ph.D. & Michael Thompson, Ph.D. GRATIS



The stunning success of *Reviving Ophelia*, Mary Pipher's landmark book, showed a true and pressing need to address the emotional lives of girls. Now, finally, here is the book that answers our equally timely and critical need to understand our boys.

In *Raising Cain*, Dan Kindlon, Ph.D., and Michael Thompson, Ph.D., two of the country's leading child psychologists, share what they have learned in more than thirty-five years of combined experience working with boys and their families. They reveal a nation of boys who are hurting—sad, afraid, angry, and silent. Statistics point to an alarming number of young boys at high risk for suicide, alcohol and drug abuse, violence and loneliness. Kindlon and Thompson set out to answer this basic, crucial question: What do boys need that they're not getting? They illuminate the forces that threaten our boys, teaching them to believe that "cool" equals macho strength and stoicism. Cutting through outdated theories of "mother blame," "boy biology," and "testosterone," Kindlon and Thompson shed light on the destructive emotional

training our boys receive—the emotional miseducation of boys.

Through moving case studies and cutting-edge research, *Raising Cain* paints a portrait of boys systematically steered away from their emotional lives by adults and the peer "culture of cruelty"—boys who receive little encouragement to develop qualities such as compassion, sensitivity, and warmth. The good news is that this doesn't have to happen. There is much we can do to prevent it.

Kindlon and Thompson make a compelling case that emotional literacy is the most valuable gift we can offer our sons, urging parents to recognize the price boys pay when we hold them to an impossible standard of manhood. They identify the social and emotional challenges that boys encounter in school and show how parents can help boys cultivate emotional awareness and empathy—giving them the vital connections and support they need to navigate the social pressures of youth.

Powerfully written and deeply felt, *Raising Cain* will forever change the way we see our sons and will transform the way we help them to become happy and fulfilled young men.

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Autor	: Dan Kindlon, Ph.D. & Michael Thompson, Ph.D.
Categoria	: Puericultura

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Chega de tentar buscar um sucesso que só existe na sua cabeça. Chega de se torturar para pensar positivo enquanto sua vida vai ladeira abaixo. Chega de se sentir inferior por não ver o lado bom de estar no fundo do poço. Coaching, autoajuda, desenvolvimento pessoal,...

[PDF] Furacão Anitta



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Desde que deixou o Brasil inteiro babando com o Show das Poderosas, Anitta se tornou uma obsessão nacional. Seus clipes quebram a internet, jovens descolados copiam seu estilo e seus passos são seguidos por milhões de fãs, ávidos por qualquer...

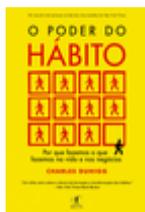
[PDF] O milagre da manhã



<http://new.beebok.info/br-1155673257/o-milagre-da-manha.html>

Conheça o método simples e eficaz que vai proporcionar a vida dos sonhos — antes das 8 horas da manhã! Hal Elrod explica os benefícios de acordar cedo e desenvolver todo o nosso potencial e as nossas habilidades. O milagre da manhã permite que o leitor...

[PDF] O poder do hábito



<http://new.beebok.info/br-1254052358/o-poder-do-habito.html>

Charles Duhigg, repórter investigativo do New York Times, mostra que a chave para o sucesso é entender como os hábitos funcionam - e como podemos transformá-los. Durante os últimos dois anos, uma jovem transformou quase todos os aspectos de sua vida. Parou de...

[PDF] Carefree rivers(1)



<http://new.beebok.info/br-1457115263/carefree-rivers-1.html>

In the courtyard of the Villa, a young man was in a daze, wondering what he was thinking. Look at the texture of his clothes is good, the appearance is also pretty, but the body seems a little thin, giving a feeling of weakness.

[PDF] Dragon language beast repair(2)



<http://new.beebok.info/br-1456552693/dragon-language-beast-repair-2.html>

When the sun was shining in the sky, he could hardly keep his eyes open. He raised his arms and Wang Dalin shielded himself from the sunshine. Today should have been a good day. He got up in the morning with bright sunshine and sparrows singing happily.

[PDF] Me Poupe!



<http://new.beebok.info/br-1381518235/me-poupe.html>

Como economizar no dia a dia? Como poupar mesmo ganhando pouco? Quais são os melhores (e os piores) investimentos? Como poupar para o futuro sem abrir mão dos desejos e necessidades do presente? Sei que você tem muitas dúvidas sobre o que fazer com o seu dinheiro. Sei...

[PDF] Altar Immortals(3)



<http://new.beebok.info/br-1457113148/altar-immortals-3.html>

Halfway up the hill, a teenager in grey clothes was walking slowly down the rugged mountain road with a pile of dry wood on his back. As he walked, he took out a book from his arms and turned it over. He was gradually fascinated by it.

[PDF] Do mil ao milhão



<http://new.beebok.info/br-1437535628/do-mil-ao-milhao.html>

Em seu primeiro livro, Thiago Nigro, criador da plataforma O Primo Rico , ensina aos leitores os três pilares para atingir a independência financeira: gastar bem, investir melhor e ganhar mais. Por meio de dados e de sua própria experiência como investidor e assessor, Nigro...

[PDF] Fairy bell(2)



<http://new.beebok.info/br-1457132568/fairy-bell-2.html>

Since ancient times, how many people have struggled in the world, but can not get beyond it. How many people have fallen into the world of flashiness, happiness and material desire, but not their own heart, faint and disgusting, happy and complacent.

[PDF] Altar Immortals(2)



<http://new.beebok.info/br-1457111270/altar-immortals-2.html>

Halfway up the hill, a teenager in grey clothes was walking slowly down the rugged mountain road with a pile of dry wood on his back. As he walked, he took out a book from his arms and turned it over. He was gradually fascinated by it.

[PDF] Flight Before Fury(2)



<http://new.beebok.info/br-1457131819/flight-before-fury-2.html>

of wandering for ever and the earth again of seed-time, bloom, and the mellow-dropping harvest. And of the big flowers, the rich flowers, the strange unknown flowers.

[PDF] Flight Before Fury(3)



<http://new.beebok.info/br-1457132269/flight-before-fury-3.html>

of wandering for ever and the earth again of seed-time, bloom, and the mellow-dropping harvest. And of the big flowers, the rich flowers, the strange unknown flowers.

[PDF] Carefree rivers(3)



<http://new.beebok.info/br-1457119026/carefree-rivers-3.html>

In the courtyard of the Villa, a young man was in a daze, wondering what he was thinking. Look at the texture of his clothes is good, the appearance is also pretty, but the body seems a little thin, giving a feeling of weakness.

[PDF] Star Joy(2)



<http://new.beebok.info/br-1456545410/star-joy-2.html>

Seeing the charming woman beside him, there was something strange about her. As soon as he stepped on the accelerator, the quartz mine in the energy bunker of the land-air dual-purpose vehicle roared and whispered. The tail exhaust pipe ejected two pure white incandescent flames more than 10...
