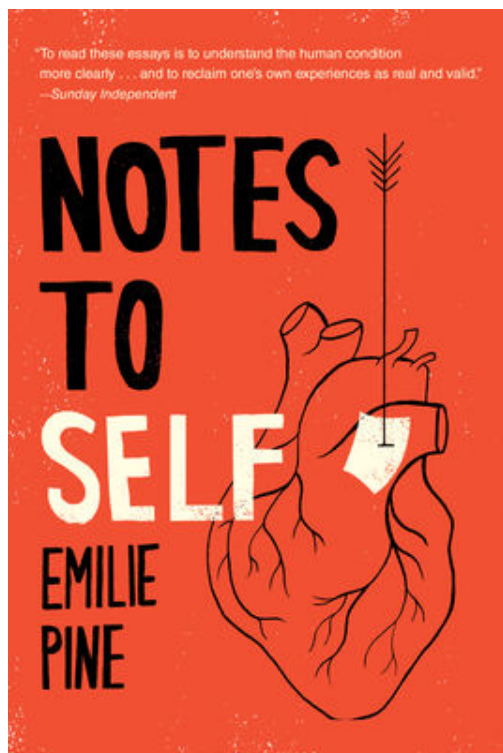


Notes to Self Baixar (PDF or ePub) Emilie Pine GRATIS



The international sensation that illuminates the experiences women are supposed to hide—from addiction, anger, sexual assault, and infertility to joy, sensuality, and love.

WINNER OF THE AN POST IRISH BOOK OF THE YEAR
• “Emilie Pine’s voice is razor-sharp and raw; her story is utterly original yet as familiar as my own breath.”—Glennon Doyle, #1 *New York Times* bestselling author of *Love Warrior*

In this dazzling debut, Emilie Pine speaks to the events that have marked her life—those emotional disruptions for which our society has no adequate language, at once bittersweet, clandestine, and ordinary. She writes with radical honesty on the unspeakable grief of infertility, on caring for an alcoholic parent, on taboos around female bodies and female pain, on sexual violence and violence against the self. This is the story of one woman, and of all women.

Devastating, poignant, and wise—and joyful against the odds—*Notes to Self* is an unforgettable exploration of what it feels like to be alive, and a daring act of rebellion against a society that is more comfortable with women’s silence.

Praise for *Notes to Self*

“*Notes to Self* begins as a deceptively simple catalogue of the injustices of modern female life and slyly emerges as a screaming treatise on just what it means to make your own rules, turning the hand you’ve been dealt into the coolest game in town. Emilie Pine is like your best friend—if your best friend was so sharp she drew blood.”—Lena Dunham, #1 *New York Times* bestselling author of *Not That Kind of Girl*

“To read these essays is to understand the human condition more clearly, to reassess one’s place in the world, and to reclaim one’s own experiences as real and valid.”—*Sunday Independent*

“Harrowing, clear-eyed . . . Everyone should consider [this] priority reading.”—*Sunday Business Post*

“Incredible and insightful—an absolute must-read.”—*The Skinny*

“Agonizing, uncompromising, starkly brilliant. . . . [A] short, gleamingly instructive book, both memoir and psychological exploration—a platform for that insistent internal voice that almost any woman . . . wishes they had ignored.”—*Financial Times*

“Do not read this book in public. It will make you cry.”—Anne Enright

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Autor	:	Emilie Pine
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Size	:	1.37MB

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[PDF] Mister



<http://new.beebok.info/br-1459426526/mister.html>

Uma nova história de amor apaixonante escrita pela autora que arrebatou milhões de corações no mundo todo com a Trilogia Cinquenta tons de cinza Depois de vender 7 milhões de livros só no Brasil e de ter três de suas obras transformadas em filmes de...

[PDF] A sutil arte de ligar o f*da-se



<http://new.beebok.info/br-1293280123/a-sutil-arte-de-ligar-o-f-da-se.html>

Chega de tentar buscar um sucesso que só existe na sua cabeça. Chega de se torturar para pensar positivo enquanto sua vida vai ladeira abaixo. Chega de se sentir inferior por não ver o lado bom de estar no fundo do poço. Coaching, autoajuda, desenvolvimento pessoal,...

[PDF] O milagre da manhã



<http://new.beebok.info/br-1155673257/o-milagre-da-manha.html>

Conheça o método simples e eficaz que vai proporcionar a vida dos sonhos — antes das 8 horas da manhã! Hal Elrod explica os benefícios de acordar cedo e desenvolver todo o nosso potencial e as nossas habilidades . O milagre da manhã permite que o leitor...

[PDF] Do mil ao milhão



<http://new.beebok.info/br-1437535628/do-mil-ao-milhao.html>

Em seu primeiro livro, Thiago Nigro, criador da plataforma O Primo Rico , ensina aos leitores os três pilares para atingir a independência financeira: gastar bem, investir melhor e ganhar mais. Por meio de dados e de sua própria experiência como investidor e assessor, Nigro...

[PDF] Milagre na 5ª Avenida



[http://new.beebok.info/br-1462426026/milagre-na-5ª-avenida.html](http://new.beebok.info/br-1462426026/milagre-na-5a-avenida.html)

O amor chega para todos — seja sonhando com ele ou fugindo o máximo que pode. Após Amor em Manhattan e Pôr do sol no Central Park, Sarah Morgan volta com outra história que vai fazer você suspirar. Eva Jordan ama tudo que envolve o Natal. Romântica...

[PDF] Um cavaleiro a bordo



<http://new.beebok.info/br-1467020017/um-cavaleiro-a-bordo.html>

Ela estava no lugar errado... Durante um passeio pela costa, a independente e aventureira Poppy Bridgerton fica agradavelmente surpresa ao descobrir um esconderijo de contrabandistas dentro de uma caverna. Mas seu deleite se transforma em desespero quando dois piratas a sequestram e a levam a...

[PDF] 21 lições para o século 21



<http://new.beebok.info/br-1358749440/21-licoes-para-o-seculo-21.html>

O novo livro do autor de Sapiens e Homo Deus explora as grandes questões do presente e o que podemos fazer para melhorá-lo. Como podemos nos proteger de guerras nucleares, cataclismos ambientais e crises tecnológicas? O que fazer sobre a epidemia de fake news ou a ameaça...

[PDF] 12 regras para a vida



<http://new.beebok.info/br-1435504469/12-regras-para-a-vida.html>

Aclamado psicólogo clínico, Jordan Peterson tem influenciado a compreensão moderna sobre a personalidade e, agora, se transformou em um dos pensadores públicos mais populares do mundo, com suas palestras sobre tópicos que variam da bíblia, às...

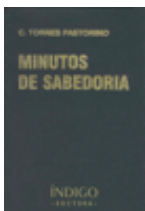
[PDF] Mais Esperto que o Diabo



<http://new.beebok.info/br-1038252285/mais-esperto-que-o-diabo.html>

Neste livro, inédito no Brasil, você vai descobrir, após 75 anos de segredo, por meio dessa entrevista exclusiva que Napoleon Hill fez, quebrando o código secreto da mente do Diabo: Quem é o Diabo? Onde ele habita? Quais suas principais armas mentais? Quem...

[PDF] Minutos de Sabedoria



<http://new.beebok.info/br-1441414584/minutos-de-sabedoria.html>

Minutos de Sabedoria é uma obra de filosofia motivacional e inspiratória, escrita para as pessoas que buscam elevar-se moral, intelectual e espiritualmente. Neste livro estão reunidos pequenos pensamentos de sabedoria, que nos transmitem luz, paz, amor e serenidade, elevando...

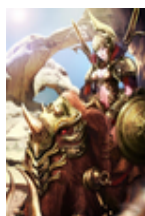
[PDF] Time Messenger(2)



<http://new.beebok.info/br-1467473235/time-messenger-2.html>

After collecting his things, Blue walked out the door. He looked back at the office building standing in the autumn wind. After working here for more than half a year, he felt sad to leave suddenly.

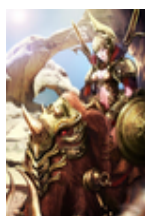
[PDF] world Chess Gate(2)



<http://new.beebok.info/br-1467471572/world-chess-gate-2.html>

Unconsciously touched the jade pendant hanging on his chest. Before he went out, his family forced him to take it with him. Looking carefully at the jade, which was not superior, was full of impurities, but the family insisted that what family treasures could eliminate disasters and make him laugh...

[PDF] world Chess Gate(1)



<http://new.beebok.info/br-1467470771/world-chess-gate-1.html>

Unconsciously touched the jade pendant hanging on his chest. Before he went out, his family forced him to take it with him. Looking carefully at the jade, which was not superior, was full of impurities, but the family insisted that what family treasures could eliminate disasters and make him laugh...

[PDF] Os segredos da mente milionária



<http://new.beebok.info/br-560987598/os-segredos-da-mente-milionaria.html>

Se as suas finanças andam na corda bamba, talvez esteja na hora de você refletir sobre o que T. Harv Eker chama de "o seu modelo de dinheiro" - um conjunto de crenças que cada um de nós alimenta desde a infância e que molda o nosso destino...

[PDF] The Seven Deadly Sins Capítulo 314



<http://new.beebok.info/br-1467894466/the-seven-deadly-sins-capitulo-314.html>

A batalha inesperada agora está diante de Meliodas! Um poder descomunal está alojado no rosto daquele que ele aprendeu a amar e querer proteger com o tempo... Qual será o tamanho da fúria do capitão dos Sete Pecados Capitais diante deste oponente e qual...
