

# Marco zero Baixar (PDF or ePub) Joe Vitale GRATIS



Autor de Limite zero e A chave, Joe Vitale aprofunda a experiência com a técnica havaiana Ho'oponopono em seu novo sucesso, Marco zero. No livro, o autor e palestrante, que ficou conhecido como ator do filme O segredo, revisita seus trabalhos anteriores e vai além, apresentando novas ferramentas e processos na busca pela felicidade.

Para Vitale, quatro expressões simples são responsáveis pelo processo de purificação e transformação pessoal: "Eu te amo", "Sinto muito", "Por favor, me perdoe" e "Obrigado". Como mantras, elas são capazes de limpar lembranças ruins, além de crenças e hábitos arraigados que atrapalham o percurso rumo à realização pessoal. Quanto mais purificada, mais próxima cada pessoa está do que o autor chama de 'marco zero'.

Para a filosofia Ho'oponopono, cada ser humano é responsável por tudo o que acontece ao redor dele. E cabe apenas a ele a busca por uma relação mais saudável e equilibrada com si mesmo e com o próximo. Neste processo de autoconhecimento e cura, o perdão é uma etapa fundamental.

Em Marco zero, o autor não tem receio de expor suas próprias fragilidades e comentar os problemas surgidos na trajetória. Nas entrevistas, Vitale revela detalhes de sua biografia e aprofunda os problemas que podem surgir durante a prática da técnica havaiana. O livro contém ainda alguns anexos que, de modo didático, ajudam o leitor a refletir sobre seus desafios pessoais e mapear a sua vida.

<b>título</b>	:	Marco zero
<b>Autor</b>	:	Joe Vitale
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<b>Size</b>	:	2.34MB

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## Top 15 Melhores Bri Livros [FREE]:

### [PDF] Mister



<http://new.beebok.info/br-1459426526/mister.html>

Uma nova história de amor apaixonante escrita pela autora que arrebatou milhões de corações no mundo todo com a Trilogia Cinquenta tons de cinza Depois de vender 7 milhões de livros só no Brasil e de ter três de suas obras transformadas em filmes de...

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### [PDF] A sutil arte de ligar o f\*da-se



<http://new.beebok.info/br-1293280123/a-sutil-arte-de-ligar-o-f-da-se.html>

Chega de tentar buscar um sucesso que só existe na sua cabeça. Chega de se torturar para pensar positivo enquanto sua vida vai ladeira abaixo. Chega de se sentir inferior por não ver o lado bom de estar no fundo do poço. Coaching, autoajuda, desenvolvimento pessoal,...

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### [PDF] Resurrection Corps(2)



<http://new.beebok.info/br-1467786028/resurrection-corps-2.html>

The wind runs through here, taking the dust around it to vent its anger. The cleaner sweeps the floor attentively.

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### [PDF] Resurrection Corps(1)



<http://new.beebok.info/br-1467784203/resurrection-corps-1.html>

The wind runs through here, taking the dust around it to vent its anger. The cleaner sweeps the floor attentively.

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### [PDF] Elite Force(2)



<http://new.beebok.info/br-1467788816/elite-force-2.html>

The metal synthesized sound of a smart computer reads out the Commission on the big screen in an orderly manner in the spacious hall.

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## [PDF] Elite Force(1)



<http://new.beebok.info/br-1467787451/elite-force-1.html>

The metal synthesized sound of a smart computer reads out the Commission on the big screen in an orderly manner in the spacious hall.

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## [PDF] Patron saint(2)



<http://new.beebok.info/br-1467772695/patron-saint-2.html>

The mountain is thousands of miles high, covered with fog all the year round, and it is extremely difficult for ordinary people to climb to the summit. On the top of the hill, a small temple was built in a relatively flat area, guarded by a deaf and dumb old monk.

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## [PDF] Patron saint(1)

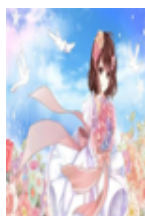


<http://new.beebok.info/br-1467757358/patron-saint-1.html>

The mountain is thousands of miles high, covered with fog all the year round, and it is extremely difficult for ordinary people to climb to the summit. On the top of the hill, a small temple was built in a relatively flat area, guarded by a deaf and dumb old monk.

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## [PDF] Meteor flash(1)



<http://new.beebok.info/br-1467778195/meteor-flash-1.html>

I lay on the roof and looked at the stars. An incomparable kindness hung over my whole body, like the feeling of my mother stroking my face.

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## [PDF] Toss and turn restlessly(2)



<http://new.beebok.info/br-1467791886/toss-and-turn-restlessly-2.html>

The night became more and more intense, so rich that almost no fingers could be seen. Fortunately, the existence of electricity, a magical substance in the world, added some brilliant colours to the rich night.

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## [PDF] Toss and turn restlessly(1)



<http://new.beebok.info/br-1467789775/toss-and-turn-restlessly-1.html>

The night became more and more intense, so rich that almost no fingers could be seen. Fortunately, the existence of electricity, a magical substance in the world, added some brilliant colours to the rich night.

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## [PDF] O milagre da manhã



<http://new.beebok.info/br-1155673257/o-milagre-da-manha.html>

Conheça o método simples e eficaz que vai proporcionar a vida dos sonhos — antes das 8 horas da manhã! Hal Elrod explica os benefícios de acordar cedo e desenvolver todo o nosso potencial e as nossas habilidades . O milagre da manhã permite que o leitor...

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## [PDF] Como aprendi a pensar

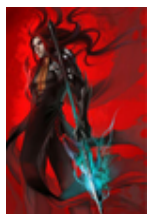


<http://new.beebok.info/br-1465913544/como-aprendi-a-pensar.html>

Um dos pensadores pop mais respeitados pelo público e pela crítica, Luiz Felipe Pondé apresenta neste livro uma história da filosofia diferente - a história dele com a filosofia. E não só: ele cita romancistas como Nelson Rodrigues, cientistas...

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## [PDF] Time and space(2)



<http://new.beebok.info/br-1467707831/time-and-space-2.html>

As my breathing became calm, I turned on the fluorescent lamp at the end of the bed, sat up at the edge of the bed, pulled out a cigarette and held it on my lips. The lighter turned smoothly on the right hand for two turns, and then lit a faint blue flame

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## [PDF] Time and space(1)



<http://new.beebok.info/br-1467707338/time-and-space-1.html>

As my breathing became calm, I turned on the fluorescent lamp at the end of the bed, sat up at the edge of the bed, pulled out a cigarette and held it on my lips. The lighter turned smoothly on the right hand for two turns, and then lit a faint blue flame

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